

Yarrow Environmental Solution

Yarrow



Arnica

Echinacea

Yarrow Environmental Solution™

Usage

The first version of this Formula, with Yarrow flower essence in a sea salt base, was prepared in 1986 in response to the Chernobyl nuclear disaster in Europe. The current, enhanced formula, was developed by Patricia Kaminski in 1995. It features a powerful blend of flower essences and whole plant tinctures in a sea salt base. Prepared from three well-known herbs from the Composite family, Yarrow, Echinacea and Arnica, its purpose is to strengthen and protect against the assault of harmful environmental influences on our vitality and well-being. *Please see our full brochure for more details.*

Indications: for exposure to environmental toxins, radiation fields or stress; for people who are highly sensitive, especially when traveling or in crowded environments

Dosage: four drops under the tongue at least four times daily, can be taken as often as every few minutes during an immediate crisis. *Strength of dosage is increased by the frequency of the dosage not the amount. You never need to take more than four drops at a time, but there is no danger of overdose from taking more.*

Other methods of administration:

Place 20 drops in **bath water** and circulate in a figure-eight motion;

Add 12 drops to a **misting bottle** of water and use as a spray

Caution: The intended action of this formula is on the etheric level. Anyone suffering from physical illness as a result of radiation or other environmental afflictions should consult the appropriate medical practitioner.

The Formula

Arnica flower essence –Often, when we are in a situation of physical or psychic trauma, we separate our awareness from our bodies as a way of coping with pain. Arnica flower essence has a special ability to bring the clear light of our spiritual Sun-Self back into a relationship with the physical and life bodies. It is widely used for deep-seated shock or trauma which may become locked into the body and prevent full physical recovery. With the help of Arnica essence, we can often relive or re-experience the emotional trauma which accompanied the original experience. In this way we will be able to integrate these experiences and to fully inhabit the part of the body which suffers.

Yarrow flower essence and herbal tincture– Yarrow facilitates the integrity and strength of a healthy ego structure, while enabling the soul to retain its innate sensitivity and receptivity. It is an extremely important essence in our time, due to the rapid pace of spiritual and psychic opening, occurring at the same time that environmental and social forces threaten to overwhelm, harden, or annihilate the sensitive capacities within the human soul.

Three different forms of the Yarrow flower essence are used in the YES preparation: white, pink, and golden flowers, along with the herbal tincture of the fresh white Yarrow flowers. These three Yarrows work synergistically to form a three-fold energetic structure - the white in the higher chakras to bring psychic balance, the pink in the heart-emotional center to address sensitivity, and the golden in the lower chakras to protect the life force and overall health and stability.

Echinacea flower essence and herbal tincture— Echinacea is a powerful herb which is native to the American mid-west, and has become one of the most widely used herbs of our time for its stimulating effect on the immune system. The flower essence of Echinacea is used for the many challenges on our Self-hood. The anonymity of modern civilization, along with countless other mechanizing and alienating forces such as acts of crime, violence, and sexual or emotional degradation, can shatter the dignity of the Self. Echinacea flower essence stimulates and awakens the true inner Self, and restores the soul's self-identity and essential wholeness in relationship to the Earth and to the human family.

Sea salt base – The Environmental Formula is prepared in a mixture of Celtic Sea Salt, in the same proportion as found in the world's oceans. We find in sea salt, not only the physical minerals which contribute to health, but also strong formative forces which are expressed in its light-infused crystalline structures. Thus the sea salt provides stability and organization to integrate the overall formula and enhance its protective qualities.

